

Lander Middle School Invitational Nordic Ski Races February 10th, 2018

Lander Middle School
755 Jefferson
Lander, WY 82520

Saturday February 10th 3.25km Classic Race Beaver Creek

Race Entries:

The registration form is available [HERE](#) or by emailing Matt Herr at matt.herr@gmail.com

REGISTRATION DEADLINE:

Friday, February 2nd by 9:00 pm

There is no penalty for scratches. No additions will be accepted on race day, so please include ALL of your skiers when you email your race orders on Tuesday.

Description of Race: All races will be classic, 15 second interval start. The course will be groomed single track "best line" with double tracks where appropriate as terrain allows.

Location & Directions: **Beaver Creek Nordic Ski Area** - Located south on Wyoming Highway 28 at milepost 51.5, where the highway crosses Beaver Creek. An experienced parking crew will direct buses for parking. **Beaver Creek is a remote location with no shelter available to the public so be sure to dress/bring appropriate clothing!** Please consider carpooling as there is limited parking available at the venue.

Schedule of Events:

8:00 AM: Course Open for Inspection - ALL Skiers MUST ski the direction of the race at all times. See course map attached.
9:20 AM: Course Closed & National Anthem
9:30 AM: Senior/U23/U20/U18 Girls 5K race
10:15 AM: Senior/U23/U20/U18 Boys 5K race
11:00 AM: U16/U14 Girls 5K race
11:30 AM: U16/U14 Boys 5K race

The NRL/high school races will be run to completion before the start of the Junior High races. Awards will be given out as soon as they are available.

1 PM: Middle School Girls 3.25K race
1:30 PM: Middle School Boys 3.25K race

*If U14 racers want to qualify for High Plains, they must participate in the U16/U14 age class races. The Middle School Races are NOT part of the NRL races. Please see separate race packet for the Middle School Races.

Race Warnings:

Racers must ski the course in the direction of the race. Anyone skiing the course backwards will be disqualified.

If a skier is late for the Saturday start, he/she will be started at the end the race.

We will have course marshalls at key locations around the classic course, so make sure that your athletes understand correct classic technique. The Race Jury will consider disqualification/warning as appropriate.

Parking:

ALL parking for the teams, spectators, and officials will be in the lot north of the highway at Beaver Creek. Buses are urged to turn on flashing lights as they come down the hill to the parking lot to increase other driver's awareness to slow down also. High School busses will be leaving as Middle School Buses are arriving, so please consider your arrival timing.

Beaver Creek Trail Access:

Please DO NOT CROSS THE HIGHWAY, but use the trail that leads under the bridge. Once you reach the groomed trails, you can leave ski bags just off the trail and continue to the start area on skis. Follow the signs for about 1 km to reach the stadium area. There will be snowmachine shuttles available for team gear.

Wax Tents:

An area will be available for you to set up your wax tent in the stadium at Beaver Creek. Please see map for details.

Bathrooms:

Porta-potties will be available at both the stadium and the parking lot.

Refreshments & Hospitality:

Due to a very congested stadium area, there will not be refreshments. We will have water and hot drinks available for racers, but racers are advised to BRING YOUR OWN SNACKS!

Also due to a very congested stadium, there will not be a fire pit. Racers, spectator and volunteers are advised to wear/ bring appropriate clothing. Again, Beaver Creek is a remote location with no shelter available to the public.

Medical:

An emergency medical team will be on-site. Assessment, stabilization, and evacuation will be available on both race days. The Fremont County ambulance has been notified of the race by medical staff.

Weather:

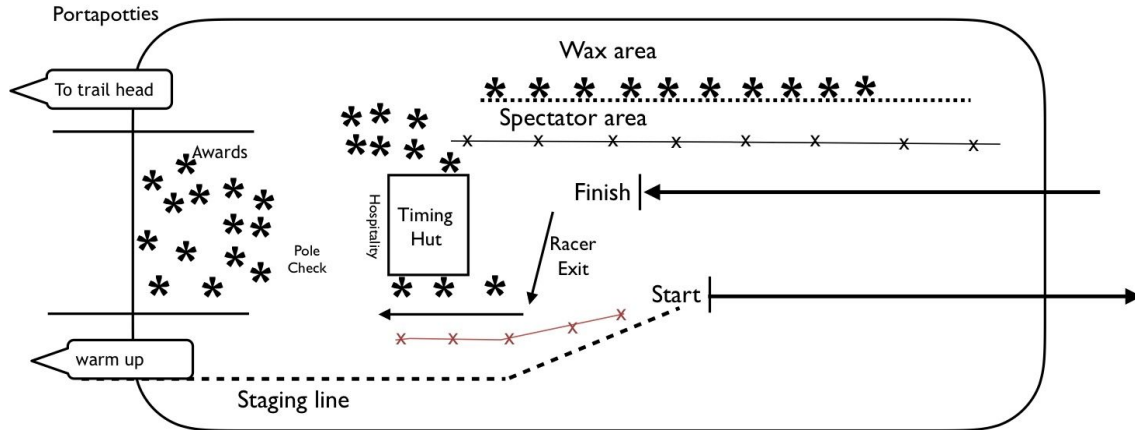
The weather at Beaver Creek may be different than Lander. The closest weather sensors and webcam are approximately 4 miles from Beaver Creek. The following website may provide helpful information: www.landernordic.org
If there is a delay due to road conditions or cold weather, coaches will be contacted at their hotels or by cell phones to update them on the plans for the races.

There are no dogs allowed on the trails at the Lander Golf Course or Beaver Creek. Sorry, PLEASE leave fido at home!

Race Officials:

Principal: Julie Shanley
Athletic Director: Serol Stauffenberg
Chief of Transportation/Parking: Bill Lee
Chief of Timing: Don Webber
Asst. Chief of Timing/ Secretary: Matt Herr
Asst. Chief of Timing: Craig Bromley
Chief of Race Marshalls:
Chief of Stadium: Matt Jacobsen
Chief of Course: Steve Matson
Chief of Hospitality:
Chief of Announcing:
Chief of Competition: Emily Tilden
Chief of Medical:
Official Starter:

Beaver Creek
Stadium Layout Detail
Not to Scale



* = trees

x-x-x = fence

